



## LUNCH MENU

### SOUPS & SALADS

#### SOUP OF THE DAY 12USD

Created Daily From Fresh Local Ingredients

#### CHUNKY CONCH CHOWDER 14USD

Locally Sourced Conch, Expertly Seasoned (D) (GF)

#### HUMMUS 14USD

Carrots, Cucumber, Cherry Tomato, Smoked Paprika, Olive oil and Pita Bread (V)

#### CRACKED CONCH 16USD

Sliced, Battered, and Deep-Fried, Tangy Aioli (SF)

#### CHICKEN WINGS 16USD

Served with cole slaw, celery, and ranch dressing  
*Choose from* : Buffalo, Rum Glazed or Honey BBQ

#### LIME 'N' RUM GLAZED SHRIMP SALAD 24USD

Mixed Local Greens, Tomatoes, Pickled Cucumber, Plantain Chips, House Dressing (SF)

#### ISLAND COBB SALAD 22 USD

Grilled Jerked Chicken, Bacon, Blue Cheese, Tomato, Cucumber, Eggs, ChickPeas, Blue Cheese Dressing (GF)

#### NIÇOISE SALAD 24USD

Poached Salmon, Baby Potato, Cherry Tomato, Green Beans, Kalamata Olives, Egg, Honey Mustard Dressing (GF)

#### LOBSTER SALAD 30USD

Half Stuffed Lobster Tail, Toasted Coconut, Local Greens, Passion Fruit Dressing (SF) (N)

(GF) - Gluten Free | (V) Vegan | (N) Contains Nuts

(D) - Contains Dairy | (SF) Shellfish

(GF) - Gluten Free | (V) Vegan | (N) Contains Nuts

12% Service Charge and 12% Taxes will be added to all final bills



## HOT ENTRÉES & RÔTIS

#### VEGETABLE OR CHICKEN ROTI 16USD/20USD

Traditional West Indian Curry Wrap - served with Cucumber and Mint Raita, Mango Chutney, and Mixed Greens

#### BBQ PORK RIBS 24USD

Fries, Wedges or Salad, Coleslaw

#### CATCH OF THE DAY 30USD

West Indian Creole Sauce, Rice & Beans, Seasonal Vegetables

## SANDWICHES

Served with choice of Salad, Fries or Wedges

#### CRISPY BUTTERMILK CHICKEN SANDWICH 20USD

Deep Fried Chicken, Cabbage Slaw, Spicy Mayo (D)

#### PRIME BEEF BURGER 22USD

Served on a Brioche Bun with homemade sauce, Lettuce, Tomato, Onion (D)

#### BURGER ADD-ONS

Choose from our selection of cheeses 2USD

Fried Egg 2USD

Bacon 3USD

#### GRILLED FISH TACOS 24USD

Grilled Tortilla, Chipotle Mayo, Pico de Gallo (SF)

#### ROCKS' LOBSTER SANDWICH 26USD

Served on House-made Bread with a Homemade Sauce (SF)

## SIDES 6USD

Wedges

Regular or Sweet Potato Fries

West Indian Rice & Beans

Mixed Green Salad